

## APPOINTMENT BOOKING

+43 5583 2662 or [welcome@edelweiss-arlberg.at](mailto:welcome@edelweiss-arlberg.at)

Our SPA offer is available to our hotel guests as well as external guests by appointment.

## MASSAGE & PHYSIOTHERAPY

Appointments at the hotel reception

Thursday - Tuesday at any time **with an appointment**

## FACIAL TREATMENTS & HYDRAFACIAL®

We will be happy to contact Ms. Janine Mangeng for you or you can arrange an appointment at **+43 670 654 43 33**

## MINIMALLY INVASIVE PROCEDURES

Please make an appointment for a consultation with Dr. Vonbank via the **hotel reception**, for detailed questions please contact [info@praxismed.at](mailto:info@praxismed.at). For further information, please visit the homepage: [www.praxismed.at](http://www.praxismed.at)

## BOOKING & CANCELLATION CONDITIONS

We ask you to arrive on time for your appointment so as not to delay subsequent treatments. If you are late, it is not possible to extend treatments beyond the agreed appointment time. If you arrive later than booked, your treatment time will be shortened accordingly.

**Cancellations are free of charge up to 24 hours before the treatment.**

In the event of no-show or late cancellation, the application will be charged in full.

## OUR TEAM



For lasting well-being, **our experienced physiotherapist Sotiris Angelis** will provide you with professional and individual advice. Thanks to his extensive training in the most renowned spas in Greece, his massages also guarantee the reduction of stress, increase blood circulation and promote those bodily functions that have a positive effect on your sporting activities.



**Janine Mangeng** is a double-award-winning, state-certified **beautician, permanent make-up artist** & certified **Doc Babor Pro Expert**. In addition to anti-aging treatments with concentrated active ingredients, her focus is on intensified specialization in skin health and skin care as well as the ultimate **Hydracial®** treatments.



**Dr. Edith Vonbank** is an experienced medical professional specialized in **cosmetic medical procedures**. For many years, she has operated a practice in Bregenz, and we are pleased to have her on board at Hotel Edelweiss.

She has been a general practitioner since 1991.



Make your appointment!

Hotel Edelweiss · 6764 Zürs am Arlberg 79 · Tel. +43 5583 2662  
[welcome@edelweiss-arlberg.at](mailto:welcome@edelweiss-arlberg.at) · [www.edelweiss-arlberg.at](http://www.edelweiss-arlberg.at)

H O T E L

Edelweiss



SPA MENÜ

## Facial Treatments

**DOCTOR BABOR's** high-performance formulas set new standards in the field of medical cosmetics. Concentrated active ingredients intensively care for the skin at the highest level according to the motto: **more effective - more precise - more innovative.**

### HYDRO – PLUMPED & REVIVED

Moisture filler - plump and vital complexion. For dehydrated skin with visible dryness lines.

**approx. 60 min - 169 €**

**THE LUXURY EXPERIENCE** at the highest level: the effective effective active ingredients from the BABOR products in the Sea Creation and HSR series and their velvety textures melt into your skin. Combined with gentle lifting touch massages, they turn this luxurious treatment into a high-class beauty experience.

### HSR – LIFTING

Skin tightening for professionals: five high-performance active ingredients in perfect combination work against the loss of elasticity in the skin. There is a reason why this facial care product has been a highlight in the fight against skin ageing for many years!

**approx. 60 min - 190 €**

### SEA CREATION

Experience SeaCreation - immerse yourself in an ocean of of skin-rejuvenating luxury. The magical elemental forces of the deep sea energize the skin and ensure a freshly born beauty with thermoactive cell protection. In combination with the exclusive textures, your skin is awakened to silky, radiant beauty.

**approx. 90 min - 250 €**

## Minimally invasive procedures

### CONSULTATION WITH DR. MED. EDITH VONBANK

Body, soul and spirit in harmony are the best prerequisites for well-being. Minimally invasive procedures can relax facial features, **tighten or lift sagging areas, give more volume** and thus bring out the best in you. Make the most of your time in Zürs to not only enjoy skiing, but also to get advice or to give your vacation an extra kick with **invisible procedures** on the spot.

If you are exhausted, a **power infusion** with vitamins and minerals helps you recover and relax quickly. Simple and effective treatments without visible side effects are treatments with Botox, hyaluronic acid injections, thread lifting, skin refreshing or various mild peeling treatments.

Non-binding consultation

**approx. 30 min - 120 €**

\*\*\* The amount will be credited to all subsequently booked treatments.



## HydrFacial

### THE CARE ROUTINE FOR THE UNIQUE GLOW

A radiantly beautiful complexion, wrinkle-free and clear skin, velvety soft lips - stars and royals such as **Duchess Meghan, Victoria Beckham** and co. always look simply gorgeous. Even **Britney Spears** has already praised the **HydraFacial®** on Instagram. Hydrafacials are one of the most gentle facial treatments. The unique addition of serums makes **HydraFacial®** an incomparable treatment. In four steps, the Hollywood treatment combines exfoliation, peeling, cleansing and skin care. Dead skin cells are removed and impurities are sucked out of the pores, while the skin is simultaneously nourished with beneficial antioxidants, peptides, vitamins and hyaluronic acid. The result is the perfect **glow** and velvety-**soft, pure skin.**

### HYDRAFACIAL® DELUXE

This treatment is the ultimate boost for your complexion. After cleansing and gentle exfoliation, skin impurities are removed and regenerating antioxidants and moisturizing hyaluronic acid are infused into the skin. The additional use of an ampoule tailored to your individual needs ensures optimum results. The treatment is rounded off with soothing LED light therapy.

**approx. 60 min - 280 €**

## Massage & Physiotherapy

### CLASSIC MASSAGE

The emperor of massage. It is the basic massage in which the therapist selects techniques tailored to your individual needs to relax and revitalize your muscles.

**25 min - 60 € | 50 min - 110 €**

### DEEP TISSUE MASSAGE

A deeply effective massage that relieves muscle tension and supports the rehabilitation of injured muscles. Recommended after an intensive day of skiing or a strenuous workout. The therapist uses aids and stretches as required.

**25 min - 60 € | 50 min - 110 €**

### AROMATHERAPY CANDLE MASSAGE

Pleasant fragrances, a gentle light, feel-good warmth and intensive care for the skin - all this is combined in a relaxing and at the same time activating massage. The fragrance is individually tailored to you and your needs.

**50 min - 120 €**

### HONEY MASSAGE RITUAL

This special honey massage combines the power of heat with activating and balancing massage techniques. Gentle warmth promotes blood circulation, relieves stubborn tension and leads to lasting and deep muscular recovery.

**50 min - 120 €**

hydrFacial®